Track: 2017-04-30 Monte Velino per il sentiero 5 — **Date: 30/04/2017**

Track: 2017-04-30 Monte Velino per il sentiero 5	**IBP = 153 HKG**
Detected modality = HKG	
IBP index reliability= A	

Total length	15.932 Km
Analyzed distance	15.932 Km
Lineal distance	0.047 Km

Accumulated climb	1555.51 m
Accumulated descent	1545.61 m
Maximum height	2484.66 m
Minimal height	1126.32 m
Climb rate	18.44 %
Descent rate	21.25 %
Positive climb difference per	97.63 m
Negative descent difference per	97.01 m

Total time	6:44:27 h
Time in movement	5:53:40 h
Stopped time	0:50:47 h

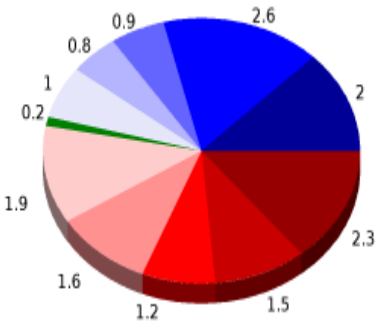
Total speed average	2.36 Km/h
Average speed in movement	2.7 Km/h
Maximum held speed	6.93 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	3650 (cad. 4.37 m)
Significant points	496 (cad. 32.19 m / 13.59 %)
Aberrant points	943 (25.84 % d. total)

Direction changes per	16.13
Direction changes >5° per	14
Accumulated straight stretches	2.416 Km
Straight stretches per	151.64 m
Penalizables slope changes	9
Penalizables slope changes per	0.565

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Summary of slopes



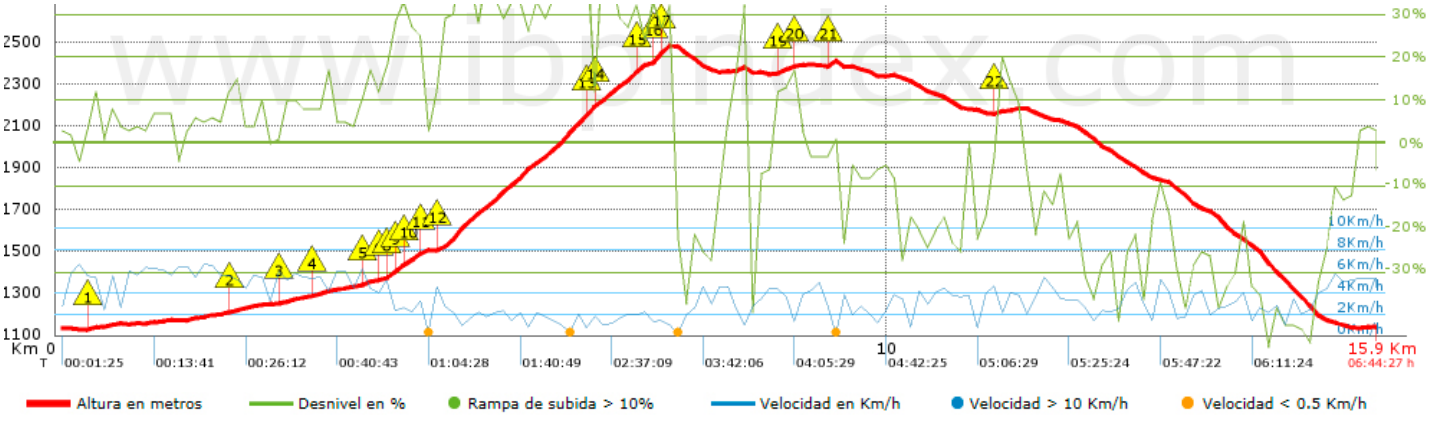
	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	2.267	14.23	1.35	1:40:52
	Between 15 and 30%	1.496	9.39	2.4	0:37:26
	Between 10 and 15%	1.22	7.65	4.09	0:17:54
	Between 5 and 10%	1.589	9.97	4.69	0:20:20
	Between 1 and 5%	1.863	11.69	4.45	0:25:09
	Total :	8.435	52.94	2.51	3:21:41
	Plain				
	Difference of 1%	0.222	1.39	5.26	0:02:32
	Breakdown descents				
	Between 1 and 5%	1.005	6.31	4.21	0:14:19
	Between 5 and 10%	0.838	5.26	3.9	0:12:53
	Between 10 and 15%	0.881	5.53	3.44	0:15:22
	Between 15 and 30%	2.565	16.1	3	0:51:23
	Between 30% and 55%	1.985	12.46	2.15	0:55:30
	Total :	7.275	45.66	2.92	2:29:27
	Total track :	15.932	100 %	2.7	5:53:40

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Steep slopes > 10%

Steep slope	Mileage point	Average slope	Interval
1	0.383	11 %	99 m
2	2.023	12 %	165 m
3	3.092	11 %	130 m
4	3.654	13 %	138 m
5	3.889	11 %	34 m
6	3.923	18 %	30 m
7	3.953	29 %	100 m
8	4.053	23 %	95 m
9	4.148	27 %	260 m
10	4.409	29 %	32 m
11	4.603	37 %	1814 m
12	6.417	24 %	96 m
13	6.513	35 %	490 m
14	7.003	44 %	31 m
15	7.127	39 %	185 m
16	7.312	34 %	60 m
17	8.638	12 %	32 m
18	8.671	18 %	161 m
19	8.832	17 %	65 m
20	9.254	30 %	93 m
21	11.283	12 %	122 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	3940.19	24.73	1:47:39	2.2	0:32:33	2:20:12	1.69
2000	2646.054	16.61	1:06:01	2.4	0:10:39	1:16:40	2.07
1750	1747.078	10.97	0:45:14	2.32	0:02:27	0:47:41	2.2
1500	1682.352	10.56	0:44:46	2.25	0:05:08	0:49:54	2.02
Total :	10.016 Km	62.86 %	4:23:40 h	2.28 Km/h	0:50:47 h	5:14:27 h	1.91 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
4.441	0:05:08	1506	0:59:20	0:59:20	4.441
5.618	0:02:27	1870	1:42:39	0:43:19	1.177
6.05	0:05:21	2021	2:00:59	0:18:20	0.432
6.265	0:02:36	2109	2:16:30	0:15:31	0.215
7.372	0:19:49 > 10´	2481	3:09:04	0:52:34	1.106
9.347	0:12:44 > 10´	2411	4:15:10	1:06:06	1.976
10.992	0:02:42	2187	5:03:14	0:48:04	1.645
Total :	0:50:47 h				

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